Comfort Doll   BASIC KNITTING PATTERN

Check out all the different interpretations people have made here:
http://www.ravelry.com/patterns/library/izzy-african-comfort-doll

The basic method for making each doll is a simple rectangle.
You can change yarn colors for each body segment. The doll takes shape in the finishing.

The number of rows in each part of the doll can be increased or decreased depending on the individual design. Finished height of each doll is approx. 5 inches.
You need:

*Small quantities of **WASHABLE** fingering, DK or Worsted weight yarn
*1 pair of needles, pick a size 1-2 smaller than your normal gauge.
   You want a tighter than normal fabric to keep the fill inside and not visible.
*Tapestry needle
*Polyester fibrefill

- Cast on 32 sts

- Row 1-4 Feet
     Work in stockinette
- Row 5-19 Pants or Skirt
     Change yarn color, work in stockinette
- Row 20-32 Top
     Change yarn color, work in stockinette
- Row 33-40 Face
     Change yarn color, work in stockinette
- Row 41-51 Head or hat
     Change yarn color, work row 41-44 in stockinette or
     you can switch to garter stitch.
     row 45 Decrease 5 sts evenly across row (27sts)
     row 46 Stockinette
     row 47 repeat row 45 (22 sts)
     row 48 repeat row 46
     row 49 repeat row 45 (17 sts)
     row 50 repeat row 46
     row 51 *K1, K2tog, repeat from * (9 times)

     Break yarn with a long tail, pull through last loop to secure stitch.
     Using the tapestry needle, draw yarn through all remaining stitches on knitting needle, and tighten into a gather.

- To finish:

- Continue with the long tail and tapestry needle, sew back seam from head to foot, leaving base of feet open.
     *Stuff body with poly fill.
     *Form head by weaving a strand of matching yarn across the first face row.
      Draw up to form neck and secure ends.
     *Repeat for body, drawing in at the feet bottom -
     *With matching yarn, form arms with small backstitches through all layers from waist to a few rows beneath the neck.
     *Define the legs in same way from bottom to a little below the waistline.
     *Embroider facial features as desired